

TEHREEM REHMAN

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Education

Chief Resident | Emergency Medicine | Advocate Christ Medical Center | Expected July 2021

M.D. | Four-Year Merit Scholarship | Yale School of Medicine | May 2018

M.P.H. | Fully funded Sommer Scholarship | Johns Hopkins Bloomberg School of Public Health | May 2016
Concentration: Epidemiological & Biostatistical Methods for Public Health & Clinical Research

B.A. in Women's & Gender Studies | John Jay Scholar | Columbia University | May 2013

Social Innovation Experience

National Chair of Social Emergency Medicine Committee | Emergency Medicine Residents Association | 2019 – Present

- Lead working group on Best Practices Recommendations on optimizing social workers in the ED to promote equity and quality improvement
- Developed programming on the impact of the COVID-19 pandemic on vulnerable populations

Co-Developer | Health Inequity Simulation | Advocate Christ Medical Center | 2019 – Present

- Design simulation cases for Emergency Medicine physicians on structural determinants of health inequity
- Integrate community health workers, care managers, social workers into interdisciplinary training of residents

National Institutes of Health Medical Student Research Fellowship | 2018

- Developed clinical-community partnerships for information exchange at Yale New Haven Hospital, selected by the Center for Medicare and Medicaid's Innovation to pilot the Accountable Health Communities Model
- Identified geographical predictors of social needs to inform targeted community-based interventions for complex and vulnerable patient populations

Co-Founder | Systemic Disease | 2015 – 2018

- Generated qualitative data analytics to promote diversity and inclusion within healthcare systems nationwide
- Featured in Academic Medicine, The Chronicle of Higher Education, FemInEm, and Huffington Post
- Collaborated with Robert Wood Johnson Foundation, Johns Hopkins Berman Institute of Bioethics and AAMC

Co-Founder | US Health Justice Course | Yale University | 2013 – 2018

- Trained medical, nursing, and physician associate students on community engagement and advocacy
- Inspired creation of an annual "The Robert Rock and Tehreem Rehman Activism Award" at Yale

Administration and Operations Experience

Assistant Resident Director of the ED Administration Committee | Advocate Christ Medical Center | 2019 - 2020

- Worked with the Vice President of Population Health of Advocate Aurora Health to leverage technology platforms and community partners to improve resource referral management, electronic health record connectivity, and care coordination processes
- Collaborated with interdisciplinary partners to streamline ED workflow to address patients' social needs

Physician | COVID Strike Team | Advocate Christ Medical Center | 2020

- Provided recommendations on appropriate testing, hospital transfers, and outpatient follow-up
- Engaged in simulations with the System Resource Allocation Team on patient ventilator allocation

Program Coordinator, Caseworker | Health Leads | 2010 – 2012

- Developed caseworker training and supervised operations at Harlem Hospital's OB/GYN clinical site

Advocacy and Policy Experience

National Co-Chair, Coalition-Building Team | Students for a National Health Program | 2015 – 2016

- Established strategic partnerships with various organizations to organize national health justice programming

Fellow | Maryland Department of Health and Mental Hygiene | 2015 – 2016

- Worked with the Deputy Secretary for Public Health Services to establish a statewide advanced directives registry through collaboration with stakeholders such as the Office of Attorney General

Intern | Congressman Raul Ruiz, M.D. (D-CA 36th district) | Washington D.C. Office | 2015

- Provided evidence-based recommendations for legislative proposals and committee votes on health issues

Co-Founder and Co-President | Columbia University Public Service Initiative | 2011-2013

- Provided consultations on college admissions and financial aid to low-income high school students

National Chair, Regional Grassroots Organizing Coordinator | American Medical Student Association's Race, Ethnicity, and Culture in Health Committee | 2010 – 2012

- Oversaw the Education Equity Initiative, Cultural Sensitivity Skills Scholars and Health Equity Scholars Programs

Founder | Long Island Teen Environmental Activists | 2009

- Mobilized community support to pass the first-in-the-nation law banning Bisphenol-A in consumer products
- Featured in Glamour Magazine as an Eco-Hero alongside Lisa P. Jackson, Peggy Shepard, and Jane Houlihan

Community Engagement Experience

Board Member | Yale University Committee Overseeing Volunteer Services | 2014 – 2015

Chair of Evaluations Committee for Community Health Fair | Yale Student National Medical Association | 2013 – 2014

Board Member | Yale University Graduate & Professional Student Title IX Advisory Board | 2013 – 2014

Director | Columbia University's Community Health House | 2010 - 2013

President, Officer | Columbia Undergraduate Scholars Program's Alliance | 2009 – 2012

Founder and Facilitator | Domestic Harmony Foundation's Youth Group | 2010

Intern | Huntington Breast Cancer Action Coalition | 2009

Regional Director | Global Citizen Corps | 2006 – 2009

Communications and Editing Experience

Section Editor | The Western Journal of Emergency Medicine | 2019 – Present

Executive Editor, Lead Staff Editor | Yale Journal of Health Policy, Law, and Ethics | 2013 – 2015

Co-President, Faculty Liaison | Yale School of Medicine's Medical Education Interest Group | 2013 – 2015

Lead Senior Editor, Associate Editor | Columbia University Journal of Politics & Society | 2010 – 2012

National Editorial Advisor | The New Physician Magazine | 2012 – 2013

Assistant Producer | Columbia University's Vagina Monologues Production | 2010 – 2012

Fellowships and Scholarships

Emergency Department Directors Academy Scholarship | 2020

Emergency Medicine Residents' Association (EMRA) Airway Lab Scholarship | 2019

EMRA Emergency Department Practice Management Association Scholarship | 2019

Illinois College of Emergency Physicians Leadership Scholarship | 2019

Yale School of Medicine Research Fellowship | VA Connecticut Healthcare System | 2014

Humanity in Action Fellowship | 2013

Young People For (YP4) Fellowship | People for the American Way Foundation | 2012 – 2013

Van Amson Service Fellowship | Community Impact at Columbia University | 2012

Health Leads New York Summer Fellowship | 2011

Columbia Undergraduate Scholars Program's Summer Enhancement Fellowship | 2010

Gates Millennium Scholarship | 2009

Ronald McDonald House Charities Scholarship | 2009

Walmart's Sam Walton Community Scholarship | 2009

National Association for the Advancement of Colored People College Scholarship | 2009

Suffolk County Doctors of Tomorrow Scholarship | 2009

Game Farm's Stanley and Susan Novak Scholarship | 2009

Huntington Town Council's Donald Pius Scholarship | 2009

Simons Summer Research Fellowship | Stony Brook University | 2008

Honors & Awards

Society for Academic Emergency Medicine Social Emergency Medicine Consensus Conference Resident Award | 2021
Featured in AMA's article: "Can simulations help residents uncover social needs affecting health?" | 2020
Emergency Medicine Foundation Council Award for Leadership and Advocacy | 2019
Featured in Exhibition of 100 Years of Women at Yale School of Medicine | 2018
Yale School of Medicine Dean's Community Service Award | 2018
Yale Seton Elm-Ivy Award | 2018
Fully funded Lynton Scholar to attend inaugural Inventing Social Emergency Medicine Consensus Conference | 2017
Featured in AMA's article: "Medical student wellness: Blueprints for the curriculum of the future" | 2016
Commentary on diversity in medicine for AAMC's The Official Guide to Medical School Admissions | 2015, 2016
Featured in Yale Medicine magazine on "New class brings health justice to medical curriculum" | 2014
Featured in the Student Spotlight Section of Columbia College Today magazine | 2011
Islamic Center of Long Island's Youth Award | 2011
National Society of High School Scholar's National Scholar Award | 2009
Gold President's Volunteer Service Award | 2008

Publications

Cerdeña, J.P., **Rehman, T.**, Hardeman, R.R. (2020, February). Why Bias Matters in Medicine: Qualitative Insights from Anonymous, Online Reports. *Journal of the National Medical Association*.

Rehman, T., Wolff, C.S. (2019, November). Reflections: A Perspective on Homeless Patients in the Emergency Department. *Annals of Emergency Medicine*, 74(5), S45-S46.

Jerene, D., Biru, M., Teklu, A., **Rehman, T.**, Ruff, A., Wissow, L. (2017, December). Factors promoting and inhibiting sustained impact of a mental health task-shifting program for HIV providers in Ethiopia. *Global Mental Health*.

Rehman, T., Rock, R. (2015). Advocating for Greater Exposure to Domestic Health Disparities in Medical Education. *American Medical Student Research Journal*.

Al-Taher, M., Houtkamp, C., & **Rehman, T.** (2014, May). "It could happen to any of us": An analysis of access to health care for undocumented migrants in the Netherlands. *Humanity in Action*.

Rehman, T. (2012, May). Expanding the use of abuse assessment screens to identify victims of domestic violence. *Columbia Roosevelt Review*, 4, 46.

Rehman, T. (2011, December). Menacing makeup?. *Columbia Science Review*, 8(1), 16-17.

Rehman, T. (2011, May). A war on women: What it would mean to defund Planned Parenthood. *Columbia Political Review*, 10 (4),6-9.

Rehman, T. (2010, November). Social stigma, cultural constraints, or poor policies: Examining the Pakistani Muslim female population in the U.S. and unequal access to professional mental health services. *Columbia Undergraduate Journal of South Asian Studies*, 2(1), 1-21.

Presentations

T. Rehman, O. Okubanjo. Innovation in Education: Use of Social Simulation to Improve Physician Well-Being and Patient Care. Society for Academic Emergency Medicine Annual Meeting. **Oral presentation** on May 13, 2021. Virtual.

T. Rehman. The 'Why' Behind Social Mission: Developing One's Own Mission to Build Impactful and Sustainable Change. Beyond Flexner Conference. **Invited panelist** on April 27, 2021. Virtual

T. Rehman, Cerdeña, J.P. Why Bias Matters in Medicine: Qualitative Insights from Anonymous, Online Reports. Beyond Flexner Conference. **Poster presentation** on April 27, 2021. Virtual

T. Rehman, O. Okubanjo. Use of Social Simulation to Improve Physician Well-Being and Patient Care. American Medical Association Graduate Medical Education Innovations Summit. **Oral presentation** on October 5, 2020. Virtual.

T. Rehman. The Impact of Social Determinants of Health on Emergency Department Utilization. Society for Academic Emergency Medicine Annual Meeting. **Oral presentation** on May 16, 2019. Las Vegas, NV.

T. Rehman. Innovative Pathways for Promoting Diversity and Inclusion in Medicine. Society for Academic Emergency Medicine Annual Meeting. **Oral presentation** on May 15, 2019. Las Vegas, NV.

T. Rehman. Examining Ourselves to Improve Care for Others: Reflections on Countering Bias in Emergency Medicine. Illinois College of Emergency Physicians Spring Symposium. **Oral presentation** on April 25, 2019. Chicago, IL.

T. Rehman. Lessons Learned from Advocating for Diversity and Inclusion Practices through Curricular Reform and Storytelling. Academy for Diversity and Inclusion in Emergency Medicine. **Oral presentation** on May 15, 2018. Indianapolis, IN.

J. Geiger, **T. Rehman**, D. Sklar, J. Tsai. How Medicine Can Be an Instrument of Social Change: A Discussion About Physician Advocacy. Academic Medicine Podcast. May 23, 2017.

T. Rehman. Why the Time is Now: Promoting Diversity, Inclusion, and Equity in Medicine. Association of American Medical Colleges National Summit. **Invited opening plenary session speaker** on May 4, 2017. Rancho Mirage, CA.

R. Rock, **T. Rehman.** Reaffirming Medicine's Social Mission: Domestic Health Justice, Medical Education, & Student Activism. Perspectives on Medicine Series at Yale School of Medicine. **Oral presentation** on January 12, 2017. New Haven, CT.

T. Rehman, J. Minor. Fighting bias with storytelling. American Medical Student Association Podcast. May 24, 2016.

T. Rehman. Health Justice Advocacy Through Curricular Reform and Storytelling. Association of American Medical Colleges Annual Meeting. **Invited panelist** on November 12, 2016. Seattle, WA.

T. Rehman. How Can Healthcare Providers-in-Training Address Bias? Students for a National Health Program Summit. **Workshop facilitator** on March 5, 2016. Nashville, TN.

T. Rehman, J. Minor. Bringing the Conversation on Bias in Medicine Beyond Closed Doors, One Story at a Time. National Physicians Alliance Annual Conference. **Poster presentation** on October 17, 2015. Washington, D.C.

T. Rehman, R.M. Rock, R.E. Montenegro, K. Cyrus, D.P. Olson. Pilot Medical Education Course Teaches Students About Health Justice Advocacy: An Educational Intervention Study. ACP Internal Medicine Meeting. **Poster presentation** on May 2015. Boston, MA.

T. Rehman. Findings from First Study on Access to Mental Health Services Among Pakistan Muslim Women in the U.S. Columbia Undergraduate Scholars Program Summer Research Symposium. **Invited panelist** on April 2011.

T. Rehman. Social stigma, cultural constraints, or poor policies: Examining the Pakistani Muslim female population in the U.S. and unequal access to professional mental health services. American Medical Student Association's Annual National Convention. **Poster presentation** on March 2011. Washington, D.C.

H. Park, **T. Rehman.** Students and Scientists Breast Cancer Environmental Research Program. National Institute of Health's Breast Cancer Environmental Research Centers' Symposium. **Poster presentation** on 2007. Cincinnati, OH

Volunteer Experience

Reviewer | Journal of Health Care for the Poor and Underserved | 2015 – Present

First-Generation Undergraduate Mentor | Gates Millennium Scholarship Foundation | 2013 – 2016

Junior Clinical Team Member, Medical Interpreter | HAVEN Free Clinic | 2013 – 2014

Teaching Assistant | Yale School of Medicine's Anatomy Teaching Program | 2013 - 2014

Medical Interpreter for the Hindi and Urdu Languages | St. Luke's-Roosevelt Hospital Center | 2010 – 2013

New York State Certified Crisis Counselor | St. Luke's-Roosevelt Hospital Center | 2009 – 2012

Research Intern | Fox Chase Cancer Center | 2007

Committee Membership

Social Emergency Medicine Section | American College of Emergency Physicians | 2021 -
State Regulatory and Insurance Committee | Emergency Department Practice Management Association | 2019 - 2021
Practice Management Committee | Illinois College of Emergency Physicians | 2019 - 2021
Advocate Christ Medical Center Graduate Medical Education Committee | 2019 - 2020

Commentary

Published extensively on health equity, policy, and innovation, including in the *Huffington Post*, Association of American Medical Colleges' *Aspiring Docs Diaries*, *in-Training Magazine*, and *KevinMD*. All articles available on request.