

TEHREEM REHMAN

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Education

Emergency Medicine Resident Physician | Advocate Christ Medical Center | Expected July 2021

M.D. | 4-Year Merit Scholarship | Yale School of Medicine | May 2018

M.P.H. | Fully funded Sommer Scholarship | Johns Hopkins Bloomberg School of Public Health | May 2016
Concentration: Epidemiological & Biostatistical Methods for Public Health & Clinical Research

B.A. in Women's & Gender Studies | John Jay Scholar | Columbia University | May 2013

Innovation and Policy Experience

Co-Founder | [US Health Justice Course](#) | Yale University | 2013 – 2019

- Trained medical, nursing, and physician associate students on optimizing interdisciplinary teamwork to advance health equity through organizational change and community-based advocacy

National Institutes of Health Medical Student Research Fellowship | 2018

- Developed clinical-community partnerships for information exchange at Yale New Haven Hospital, selected by the Center for Medicare and Medicaid's Innovation to pilot the Accountable Health Communities Model
- Identified geographical predictors of social needs to inform targeted community-based interventions for complex and vulnerable patient populations

Co-Founder | [Systemic Disease](#) | 2015 – 2018

- Generated qualitative data analytics to promote diversity and inclusion within healthcare systems nationwide
- Featured in Academic Medicine, The Chronicle of Higher Education, FemInEm, HuffPost, and In-Training
- Collaborated with Robert Wood Johnson Foundation, Johns Hopkins Berman Institute of Bioethics and AAMC

Fellow | Maryland Department of Health and Mental Hygiene | 2015 – 2016

- Worked with Dr. Howard Haft, Deputy Secretary for Public Health Services to establish a statewide advanced directives registry through collaboration with stakeholders such as the Office of Attorney General

Intern | Congressman Raul Ruiz, M.D. (D-CA 36th district) | Washington D.C. Office | 2015

- Provided evidence-based recommendations for legislative proposals and committee votes on health issues

Founder | Long Island Teen Environmental Activists | 2009

- Mobilized community support to pass the first-in-the-nation law banning Bisphenol-A in consumer products
- Featured in Glamour Magazine as an Eco-Hero alongside Lisa P. Jackson, Peggy Shepard, and Jane Houlihan

Service Fellowships & Experience

Ad Hoc Reviewer | Journal of Health Care for the Poor and Underserved | 2015 – 2016

Board Member | Yale University Committee Overseeing Volunteer Services | 2014 – 2015

Chair of Evaluations Committee, Public Safety Coordinator for Community Health Fair | Yale School of Medicine's Student National Medical Association Chapter | 2013 – 2014

Junior Clinical Team Member, Medical Interpreter | HAVEN Free Clinic | 2013 – 2014

Board Member | Yale University Graduate & Professional Student Title IX Advisory Board | 2013 – 2014

Humanity in Action Fellowship | 2013

Young People For (YP4) Fellowship | People for the American Way Foundation | 2012 – 2013

Van Amson Service Fellowship | Community Impact at Columbia University | 2012

Health Leads New York Summer Fellowship | 2011

One of 42 Regional Moderators Nationwide | Global Citizen Corps | 2006 – 2009

Leadership

National Chair-Elect of the Social Emergency Medicine Committee | Emergency Medicine Residents Association | 2019

Section Editor | The Western Journal of Emergency Medicine | 2019

Assistant Director of the Administration Committee | Advocate Christ Medical Center's Emergency Department | 2019
National Education Team Member | Social EMPact | 2019
National Co-Chair, Coalition-Building Team | Students for a National Health Program | 2015 – 2016
Executive Editor, Lead Staff Editor | Yale Journal of Health Policy, Law, and Ethics | 2013 – 2015
Co-President, Faculty Liaison | Yale School of Medicine's Medical Education Interest Group | 2013 – 2015
National Editorial Advisor | The New Physician Magazine | 2012 – 2013
Co-Founder and Co-President | Columbia University Public Service Initiative | 2011-2013
Lead Senior Editor, Associate Editor | Columbia University Journal of Politics & Society | 2011 – 2012
Program Coordinator, Caseworker | Health Leads site in Harlem Hospital's OB/GYN clinic | 2011 – 2012
National Chair, Regional Grassroots Organizing Coordinator | American Medical Student Association's Race, Ethnicity, and Culture in Health Committee | 2010 – 2012
President, Officer | Columbia Undergraduate Scholars Program's Alliance | 2009 – 2012

Honors & Awards

Emergency Medicine Residents' Association (EMRA) Airway Lab Scholarship | 2019
EMRA Association Emergency Department Practice Management Association Scholarship | 2019
Emergency Medicine Foundation Council Award of \$1000 for Leadership and Advocacy | 2019
Illinois College of Emergency Physicians Leadership Scholarship | 2019
The Robert Rock and Tehreem Rehman Activism Award established and presented annually for first time | 2018
Featured in Exhibition of [100 Years of Women at Yale School of Medicine](#) | 2018
Yale School of Medicine Dean's Community Service Award | 2018
Yale Seton Elm-Ivy Award | 2018
Fully funded [Lynton Scholar](#) to attend inaugural Inventing Social Emergency Medicine Consensus Conference | 2017
Featured in AMA's article: "[Medical student wellness: Blueprints for the curriculum of the future](#)" | 2016
Commentary on diversity in medicine for AAMC's The Official Guide to Medical School Admissions | 2015, 2016
Featured in Yale Medicine magazine on "[New class brings health justice to medical curriculum](#)" | 2014
[Featured in the Student Spotlight Section of Columbia College Today magazine](#) | 2011
Columbia Undergraduate Scholars Program's Summer Enhancement Fellowship | 2010
Gates Millennium Scholarship | 2009
Ronald McDonald House Charities Scholarship | 2009
Walmart's Sam Walton Community Scholarship | 2009
National Association for the Advancement of Colored People College Scholarship | 2009
Gold President's Volunteer Service Award | 2008

Publications

Rehman, T., Wolff, C.S. (2019, November). [Reflections: A Perspective on Homeless Patients in the Emergency Department](#). *Annals of Emergency Medicine*, 74(5), S45-S46.

Jerene, D., Biru, M., Teklu, A., **Rehman, T.**, Ruff, A., Wissow, L. (2017). [Factors promoting and inhibiting sustained impact of a mental health task-shifting program for HIV providers in Ethiopia](#). *Global Mental Health*.

Rehman, T., Rock, R. (2015). [Advocating for Greater Exposure to Domestic Health Disparities in Medical Education](#). *American Medical Student Research Journal*.

Al-Taher, M., Houtkamp, C., & **Rehman, T.** (2014, May 26). "[It could happen to any of us](#)": [An analysis of access to health care for undocumented migrants in the Netherlands](#). *Humanity in Action*.

Rehman, T. (2012, May). [Expanding the use of abuse assessment screens to identify victims of domestic violence](#). *Columbia Roosevelt Review*, 4, 46.

Rehman, T. (2011, December). [Menacing makeup?](#). *Columbia Science Review*, 8(1), 16-17.

Rehman, T. (2011, May). [A war on women: What it would mean to defund Planned Parenthood](#). *Columbia Political Review*, 10 (4),6-9.

Rehman, T. (2010, November). [Social stigma, cultural constraints, or poor policies: Examining the Pakistani Muslim female population in the U.S. and unequal access to professional mental health services](#). *Columbia Undergraduate Journal of South Asian Studies*, 2(1), 1-21.

Presentations

T. Rehman. The Impact of Social Determinants of Health on Emergency Department Utilization. Society for Academic Emergency Medicine Annual Meeting. May 16, 2019. Las Vegas, NV.

T. Rehman. Innovative Pathways for Promoting Diversity and Inclusion in Medicine. Society for Academic Emergency Medicine Annual Meeting. May 15, 2019. Las Vegas, NV.

T. Rehman. Examining Ourselves to Improve Care for Others: Reflections on Countering Bias in Emergency Medicine. Illinois College of Emergency Physicians Spring Symposium. April 25, 2019. Chicago, IL.

T. Rehman. [Lessons Learned from Advocating for Diversity and Inclusion Practices through Curricular Reform and Storytelling.](#) Academy for Diversity and Inclusion in Emergency Medicine. May 15, 2018. Indianapolis, IN.

J. Geiger, **T. Rehman**, D. Sklar, J. Tsai. [How Medicine Can Be an Instrument of Social Change: A Discussion About Physician Advocacy.](#) Academic Medicine Podcast. May 23, 2017.

T. Rehman. [Why the Time is Now: Promoting Diversity, Inclusion, and Equity in Medicine.](#) Opening Plenary Session Speaker, Association of American Medical Colleges National Summit. May 4, 2017. Rancho Mirage, CA.

R. Rock, **T. Rehman.** [Reaffirming Medicine's Social Mission: Domestic Health Justice, Medical Education, and Student Activism.](#) Perspectives on Medicine Series at Yale School of Medicine. January 12, 2017. New Haven, CT.

T. Rehman, J. Minor. [Fighting bias with storytelling.](#) American Medical Student Association Podcast. May 24, 2016.

T. Rehman. Health Justice Advocacy Through Curricular Reform and Storytelling. Panelist, Association of American Medical Colleges Annual Meeting. November 12, 2016. Seattle, WA.

T. Rehman. How Can Healthcare Providers-in-Training Address Bias?. Workshop Facilitator, Students for a National Health Program Summit. March 5, 2016. Nashville, TN.

T. Rehman, J. Minor. Bringing the Conversation on Bias in Medicine Beyond Closed Doors, One Story at a Time. National Physicians Alliance Annual Conference. October 17, 2015. Washington, D.C.

T. Rehman, R.M. Rock, R.E. Montenegro, K. Cyrus, D.P. Olson. Pilot Medical Education Course Teaches Students About Health Justice Advocacy: An Educational Intervention Study. ACP Internal Medicine Meeting 2015. April 30-May 2, 2015. Boston, MA.

T. Rehman. Findings from First Study on Access to Mental Health Services Among Pakistan Muslim Women in the U.S. Panelist, Columbia Undergraduate Scholars Program Summer Research Symposium, 2011

T. Rehman. Social stigma, cultural constraints, or poor policies: Examining the Pakistani Muslim female population in the U.S. and unequal access to professional mental health services. American Medical Student Association's Annual National Convention. 2011. Washington, D.C.

H. Park, **T. Rehman.** Students and Scientists Breast Cancer Environmental Research Program. National Institute of Health's Breast Cancer Environmental Research Centers' Symposium. 2007. Cincinnati, OH

Committee Membership

Advocacy Committee | AAEM Resident and Student Association (AAEM/RSA) | 2019

Practice Management Committee | Illinois College of Emergency Physicians | 2019

Advocate Christ Medical Center Graduate Medical Education Subcommittee | 2019

Commentary

Published extensively on health equity, policy, and innovation, including in the *Huffington Post*, *AAMC's Aspiring Docs Diaries*, *in-Training Magazine*, and *KevinMD*.