

TEHREEM REHMAN

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Education

Emergency Medicine Resident Physician | Advocate Christ Medical Center | Expected July 2021

M.D. | 4-Year Merit Scholarship | Yale School of Medicine | May 2018

M.P.H. | Fully funded Sommer Scholarship | Johns Hopkins Bloomberg School of Public Health | May 2016
Concentration: Epidemiological & Biostatistical Methods for Public Health & Clinical Research

B.A. in Women's & Gender Studies | John Jay Scholar | Columbia University | May 2013

Leadership

Assistant Director of the Administration Committee | Advocate Christ Medical Center's Emergency Department | 2019
Co-Founder | [Systemic Disease](#) | 2015 – 2018

National Co-Chair, Coalition-Building Team | Students for a National Health Program | 2015 – 2016

Executive Editor, Lead Staff Editor | Yale Journal of Health Policy, Law, and Ethics | 2013 – 2015

Co-President, Faculty Liaison | Yale School of Medicine's Medical Education Interest Group | 2013 – 2015

National Editorial Advisor | The New Physician Magazine | 2012 – 2013

Co-Founder and Co-President | Columbia University Public Service Initiative | 2011-2013

Lead Senior Editor, Associate Editor | Columbia University Journal of Politics & Society | 2011 – 2012

Program Coordinator, Caseworker | Health Leads site in Harlem Hospital's OB/GYN clinic | 2011 – 2012

National Chair, Regional Grassroots Organizing Coordinator | American Medical Student Association's Race, Ethnicity, and Culture in Health Committee | 2010 – 2012

President, Officer | Columbia Undergraduate Scholars Program's Alliance | 2009 – 2012

Founder and Facilitator | Domestic Harmony Foundation's Youth Group | 2010

Service Fellowships & Experience

Ad Hoc Reviewer | Journal of Health Care for the Poor and Underserved | 2015 – 2016

Board Member | Yale University Committee Overseeing Volunteer Services | 2014 – 2015

Chair of Evaluations Committee, Public Safety Coordinator for Community Health Fair | Yale School of Medicine's Student National Medical Association Chapter | 2013 – 2014

Junior Clinical Team Member, Medical Interpreter | HAVEN Free Clinic | 2013 – 2014

Humanity in Action Fellowship | 2013

Young People For (YP4) Fellowship | People for the American Way Foundation | 2012 – 2013

Van Amson Service Fellowship | Community Impact at Columbia University | 2012

Health Leads New York Summer Fellowship | 2011

One of 42 Regional Moderators Nationwide | Global Citizen Corps | 2006 – 2009

Honors & Awards

Emergency Medicine Foundation Council Award of \$1000 for Leadership and Advocacy | 2019

Illinois College of Emergency Physicians Leadership Scholarship | 2019

The Robert Rock and Tehreem Rehman Activism Award established and presented annually for first time | 2018

Featured in Exhibition of [100 Years of Women at Yale School of Medicine](#) | 2018

Yale School of Medicine Dean's Community Service Award | 2018

Yale Seton Elm-Ivy Award | 2018

National Institutes of Health Medical Student Research Fellowship | 2018

Fully funded [Lynton Scholar](#) to attend inaugural Inventing Social Emergency Medicine Consensus Conference | 2017

Featured in AMA's article: ["Medical student wellness: Blueprints for the curriculum of the future"](#) | 2016

Commentary on diversity in medicine for AAMC's The Official Guide to Medical School Admissions | 2015, 2016

Featured in Yale Medicine magazine on ["New class brings health justice to medical curriculum"](#) | 2014

[Featured in the Student Spotlight Section of Columbia College Today magazine](#) | 2011

Featured in Glamour Magazine's April issue as one of 70 Eco-Heroes | 2009

Gates Millennium Scholarship | 2009

Ronald McDonald House Charities Scholarship | 2009

Walmart's Sam Walton Community Scholarship | 2009

National Association for the Advancement of Colored People College Scholarship | 2009
Gold President's Volunteer Service Award | 2008

Publications

Jerene, D., Biru, M., Teklu, A., **Rehman, T.**, Ruff, A., Wissow, L. (2017). [Factors promoting and inhibiting sustained impact of a mental health task-shifting program for HIV providers in Ethiopia](#). *Global Mental Health*.

Rehman, T., Rock, R. (2015). [Advocating for Greater Exposure to Domestic Health Disparities in Medical Education](#). *American Medical Student Research Journal*.

Al-Taher, M., Houtkamp, C., & **Rehman, T.** (2014, May 26). ["It could happen to any of us": An analysis of access to health care for undocumented migrants in the Netherlands](#). *Humanity in Action*.

Rehman, T. (2012, May). [Expanding the use of abuse assessment screens to identify victims of domestic violence](#). *Columbia Roosevelt Review*, 4, 46.

Rehman, T. (2011, December). [Menacing makeup?](#). *Columbia Science Review*, 8(1), 16-17.

Rehman, T. (2011, May). [A war on women: What it would mean to defund Planned Parenthood](#). *Columbia Political Review*, 10 (4),6-9.

Rehman, T. (2010, November). [Social stigma, cultural constraints, or poor policies: Examining the Pakistani Muslim female population in the U.S. and unequal access to professional mental health services](#). *Columbia Undergraduate Journal of South Asian Studies*, 2(1), 1-21.

Presentations

T.Rehman. The Impact of Social Determinants of Health on Emergency Department Utilization. Society for Academic Emergency Medicine Annual Meeting. May 16, 2019. Las Vegas, NV.

T.Rehman. Innovative Pathways for Promoting Diversity and Inclusion in Medicine. Society for Academic Emergency Medicine Annual Meeting. May 15, 2019. Las Vegas, NV.

T. Rehman. Examining Ourselves to Improve Care for Others: Reflections on Countering Bias in Emergency Medicine. Illinois College of Emergency Physicians Spring Symposium. April 25, 2019. Chicago, IL.

T. Rehman. [Lessons Learned from Advocating for Diversity and Inclusion Practices through Curricular Reform and Storytelling](#). Academy for Diversity and Inclusion in Emergency Medicine. May 15, 2018. Indianapolis, IN.

J. Geiger, **T. Rehman**, D. Sklar, J. Tsai. [How Medicine Can Be an Instrument of Social Change: A Discussion About Physician Advocacy](#). Academic Medicine Podcast. May 23, 2017.

T. Rehman. [Why the Time is Now: Promoting Diversity, Inclusion, and Equity in Medicine](#). Opening Plenary Session Speaker, Association of American Medical Colleges National Summit. May 4, 2017. Rancho Mirage, CA.

R. Rock, **T. Rehman.** [Reaffirming Medicine's Social Mission: Domestic Health Justice, Medical Education, and Student Activism](#). Perspectives on Medicine Series at Yale School of Medicine. January 12, 2017. New Haven, CT.

T. Rehman, J. Minor. [Fighting bias with storytelling](#). American Medical Student Association Podcast. May 24, 2016.

T. Rehman. Health Justice Advocacy Through Curricular Reform and Storytelling. Panelist, Association of American Medical Colleges Annual Meeting. November 12, 2016. Seattle, WA.

T. Rehman. How Can Healthcare Providers-in-Training Address Bias?. Workshop Facilitator, Students for a National Health Program Summit. March 5, 2016. Nashville, TN.

T. Rehman, J. Minor. Bringing the Conversation on Bias in Medicine Beyond Closed Doors, One Story at a Time. National Physicians Alliance Annual Conference. October 17, 2015. Washington, D.C.

T. Rehman, R.M. Rock, R.E. Montenegro, K. Cyrus, D.P. Olson. Pilot Medical Education Course Teaches Students About Health Justice Advocacy: An Educational Intervention Study. ACP Internal Medicine Meeting 2015. April 30-May 2, 2015. Boston, MA.

T. Rehman. Findings from First Study on Access to Mental Health Services Among Pakistan Muslim Women in the U.S. Panelist, Columbia Undergraduate Scholars Program Summer Research Symposium, 2011

T. Rehman. Social stigma, cultural constraints, or poor policies: Examining the Pakistani Muslim female population in the U.S. and unequal access to professional mental health services. American Medical Student Association's Annual National Convention. 2011. Washington, D.C.

H. Park, **T. Rehman**. Students and Scientists Breast Cancer Environmental Research Program. National Institute of Health's Breast Cancer Environmental Research Centers' Symposium. 2007. Cincinnati, OH

Teaching Experience

Co-Founder | [US Health Justice Course](#) | 2013 – Present

- Developed an 11-session course on domestic health inequity and advocacy for students from all three Yale health professions schools; the number of applications has quadrupled within the past four years
- Approximately one-quarter of pilot course sessions have been incorporated into new medical curriculum

Mentor | Gates Millennium Scholarship Foundation | 2013 – 2016

Teaching Assistant | Yale School of Medicine's Anatomy Teaching Program | 2013-2014

Advocacy & Policy Internships

Howard Haft, M.D., Deputy Secretary for Public Health Services | Maryland Department of Health and Mental Hygiene | 2015 – 2016

- Assessed public health impact of state legislation and engaged stakeholders with focus on end-of-life care

Congressman Raul Ruiz, M.D. (D-CA 36th district) | Washington D.C. Office | 2015

- Conducted research for legislative proposals and recommendations on committee votes on health issues

Huntington Breast Cancer Action Coalition | 2009

- Wrote grant applications, organized community outreach events, and developed materials for the National Look Before You L.E.A.P. (Lead, Endocrine Disruptors, Air Pollutants, and Pesticides) program
- Mobilized community support to pass the first-in-the-nation law banning Bisphenol-A in consumer products

Research Fellowships & Experience

Yale Summer Research Fellowship | VA Connecticut Healthcare System | 2014

- Developed predictive models to assess impact of trauma on risky sexual behavior in Veterans

Columbia Undergraduate Scholars Program's Summer Enhancement Fellowship | 2010

- First study to examine access to mental health services among Pakistani Muslim women in the US
- Disseminated a cross-sectional survey to a convenience sample of 113 participants

Simons Summer Research Fellowship | Stony Brook University | 2008

- Studied bioaccumulation kinetics and potential for maternal transfer of methyl mercury in Killifish

Committee Membership

Practice Management Committee | Illinois College of Emergency Physicians | 2019

ED Administration and Clinical Operations Committee | Society for Academic Emergency Medicine | 2019

Health Outcomes Committee | Advocate Christ Medical Center | 2019

Public Safety Committee | Advocate Christ Medical Center's Emergency Department | 2019

Commentary

Published extensively on health equity, policy, and innovation, including in the *Huffington Post*, AAMC's *Aspiring Docs Diaries*, *in-Training Magazine*, and *KevinMD*.